

Thoughtline

September 2015

COMMUNITY MEDITATION MEETINGS

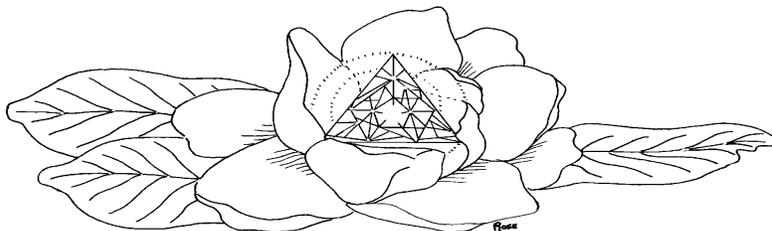
Virgo, Friday, August 28, @ 7:45 pm

Libra, Sunday, September 27, @ 7:15 (note this is an exact time meeting)

In this Issue

Why We Meditate

by Tom Carney



Online Workshops/Classes (Please call 310-545-0910 to arrange participation)

- Building the Lighted Way - Sundays @ 9:00-11:00 AM Pacific Time
- Monday Evening Workshop @ 7:00-9:00 PM EASTERN TIME
NATURE OF THE SOUL Please email arcanaworkshops@gmail.com
- White Magician Training - Wednesday Evenings @ 7:00-9:00 PM Pacific Time

Online New and Full Moon Group Meditations

(To sign up for notices, e-mail arcanaworkshops@gmail.com)

Group Meditation Work

August 14, through September 12, 2015

Woman herself must set an example in unity. We know how seldom such harmony is attained. But if the one real motivation be emphasized, then it becomes impossible to remain deaf just by reason of absurd customs. Indeed, many of them have a historical basis, but these obstructions must be destroyed. By their own hands women of all races and beliefs will help to mold the steps of evolution. There should be no delay!....Woman may be judge as well as legal adviser, for injustice will be diminished when the tribunals themselves shall repel the maligned principle. Such a distinction will transform the whole way of life. When I say, "You, women, can comprehend cooperation," I thereby wish to evoke the slumbering fires from the depths of your hearts. Aum #416,# 421

September 13, through October 12, 2015

Urusvati knows the power of equilibrium. In earlier times some people called equilibrium the Middle Path, Golden Path, Scale of Wisdom, Great Rhythm, Supermundane Breath. But ignorant people believed that equilibrium is nothing but indifference....The concept of equilibrium is equally misunderstood. But it is precisely now that the world needs the Scale of Wisdom....One can look into the depths of one's heart only when there is true equilibrium, which is not the same as calmness. Equilibrium bestows insight, and requires the intensification of all one's energies. Thus, let us not forget equilibrium as a true bridge to the Supermundane World. The Thinker advised, "Weave the wings of equilibrium, then you will not fall into an abyss". *Supermundane IV, 820*

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Why We Meditate

"Sensitivity to impression involves the engendering of a magnetic aura upon which the highest impressions can play."

Well, the bottom line is because it is unavoidable, and it is unavoidable because we are evolving. Meditating is the next natural step for us in the long evolution of Humanity on this planet. So, we might as well get with it. Meditation is actually the role for which this dense physical equipment, our three bodies, was designed and evolved. This equipment, by the way, is a self contained, complete organism. It needs no outside accoutrements, certain positions, incense, breathing exercises, yoga mats, locations etcetera.

Of course, we need to discuss just what we mean by Meditation. The term—like all of the words we have used to name the abstract, or non-dense dimensions, the world of Ideas, the Principles and Energies such as love, compassion, freedom, equality—has been so larded over with non-sense, and random superficial usage, that it means almost anything anyone wants it to mean. The famous line spoken by Squealer in Orwell's *Animal Farm* comes to mind, "All animals are equal, but some animals are more equal than others."

But then evolution is another such de-meaninged term. So before we discuss meditation, let's take a quick look at "evolution". Understanding the meaning of evolution helps the understanding about what meditation is and why we, quite naturally, do it.

We throw the word evolution around with seldom a thought about what it actually means. We, most of us, do not even imagine that "evolution" might have a pre-vised goal. It is generally assumed, and whole legions of materialist scientists insist, that any "goal" is simply personal opinion at best or just plain fantasy. The whole thing they say is just some hit or miss, random chance occurrence shot forth from a superficial assumption regarding how Cosmos works which they call "The Big Bang".

It is commonly agreed that a concept called the **survival of the fittest** is a driving factor of evolution. Yet, the meaning of both "survival" and "fittest" indicate that there is a pre-determined planned outcome, and a direction for evolution.

And, even fewer people think about **what** is evolving.

Again, most of us assume that what's evolving is the dense physical planet and all the stuff on it, including us. But, Big wakeup call! Those of us who are experientially conscious of the Reality of the Multidimensional Cosmos know that evolution is the name we give to a universally occurring process, the Great Unfolding Thoughtforms of Cosmic Principles. Cosmos is full of billions upon billions of such evolving thought forms from enormous Galaxies to tiny Solar systems

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and, even tinier, planets such as our Planet Earth.

We recognize that there are many levels of the nature of this Principle which still remain well beyond the reach of our present state of consciousness. However, we do know, again, from experience, that we are actually going "Somewhere". We know, from experience that there is Purpose and rationality in the "changes" through which we have been evolving. It is the term we use to help us understand the ever expanding no-time, no-where Future of the Now.

Within our dimensions, where we use time and place, for any one of the thoughtforms of these unfolding Principles, i.e., Equality, Freedom, Justice, there is, of course, a Past. Without a past, there could be no future. It seems likely therefore that we can get at least a hint of the direction in which our specific Great Unfolding is trending by looking back over the Path of our evolution. In the geological record of the gradual development of the dense physical human body which we now use to get around on the planet, there is sufficient evidence of the initial "spark of mind". The sensory equipment, and the basic physical body structure, head, arms, legs, heart, lungs, circulation and elimination systems, and all of those other bits, were "unfolded" or perfected through a cosmic process called "experiment, experience and expression" over a very, very long period of time before the "Visit From Venus".

The initial "...spark of mind served only to bring a relative enlightenment to the five senses and their purely physical application." *Externalization Of The Hierarchy P. 120* The Light Upgrade, brought in by the Avatars in the Visit from Venus (*Letters On Occult Meditation P. 185*) included a huge, gradually unfolding, quality upgrade to the previously perfected organic hardware. This upgrade enabled our equipment to withstand the energy level of and run a very much more powerful "software" program upgrade. Call it **Reason I**. It initiated the embryonic appearance of the 4th, the Human, Kingdom on the planet.

At this point it is helpful to recall the rubber band theory of evolution: The evolution of an Intention through form, call it the Unfolding Plan, is a giant force. This unstoppable force is driving or stretching one end of the rubber band forward into the Future or toward the Intention of the Creator. A huge portion of the rubber band is anchored in the cement of the conditions in which the life forms evolved. For present humanity these cementing conditions would be the cultural idioms, ancient traditions, shibboleths and lock step values all based on and generated by the degree to which the then present humans could understand the basic requirements of the old programming, which, given their almost universal identification with their forms and the dense physical planet, was minimal.

Eventually the Cosmic Force of evolution, ever striving into the Future—the Intention of the Creator—stretches the rubber band to such a degree that it either frees itself

“Somewhere” is a term like “sometime” that we use to help us make sense of “things” within our brain consciousness.

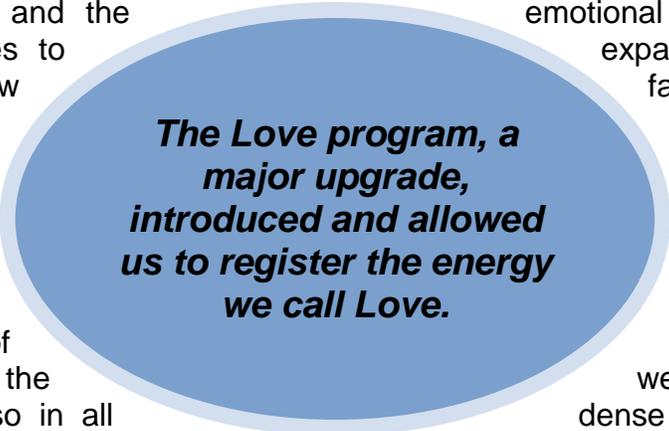
and snaps into the future, or breaks leaving behind that part of the rubber band that could not or would not move forward. Incidentally this phenomena of Cosmic physics pretty much explains what we call "extinction". It is also good to recall Master D. K.'s observation "It is through activity (or the adaptation of matter to need) that the form comes into being; through activity [stretching the rubber band] it is employed, and through that very adaptation it becomes a perfect form, and at the moment of perfection loses its usefulness; it crystallizes, breaks, and the evolving life escapes to find for itself new forms of greater capacity and adequacy. It is so in the life of the reincarnating Ego; it is so in the rounds and races of humanity; it is so in the solar system; it is so in all cosmic processes." *Treatise On Cosmic Fire P. 583*)

So, the Light Upgrade program caused a major shift in our evolutionary development. The shift enabled some of us to **register and contain** the frequencies of some of the higher, subplanes of the physical, emotional and mental subplanes. Those whose instruments were presently not able to contain the higher voltage died. Also, in the process of the Light Upgrade, huge numbers of **perfected forms** which were "no longer useful" to the Intention, crystallized and became "extinct". The Forms became extinct, not the lives.

Meanwhile, Life in the Human Kingdom continued to evolve through ongoing modifications and internal upgrades ("igniting" and linking into the higher centers

for example) of the forms which could "handle" the voltage of the new Software program. Those souls who were initially unable to make the move eventually reincarnated into these new forms and continued their "evolution".

Since that long, long ago upgrade in equipment and software, Humanity has been busy developing a couple of other, not so dense parts of the equipment. We also call these non-dense parts "bodies". These developments concerned mainly the emotional vehicle with slight expansions of the mental faculties. The emotional parts of our equipment are highly sophisticated sensory instruments or mechanisms that enable us to register frequencies of energy well above those of the dense physical dimension.



Initially, these upgrades helped us avoid getting eaten by our animal and, occasionally, plant brothers. However, many of the old ancient and outmoded programs, the cultural idioms, ancient traditions, shibboleths and lock step values, were/are still more or less dominating our daily behavior and after many, many years another major upgrade to the equipment was downloaded. This upgrade, introduced into the system in the early part of the Piscean Age, call it **Love I**, was brought in by an Avatar we call Christ.

Love enabled the opening and eventual access to all of our higher centers. In the intervening couple of thousand years, this consciousness has grown, or evolved, with exceeding rapidity. It has enabled many, many of us to gradually and progressively

figure out how to live on the Planet without **the felt need** to kill one another on sight.

Obviously, as recently indicated by ongoing revelations there are still large groupings of under-evolved individuals among us who are still being manipulated by the basic felt needs and outgrown software programs that preceded **Love I**. These brother and sister human beings continue to automatically assume, or to "notthink", that they need to demonstrate their personal value by dominating and/or killing others, any others: lions, elephants, mountain goats, other humans or whatever happens to be handy or in vogue.

So, now, let's get back to meditation. Consider the time periods we are talking about. It took millions and millions of years for human meditators like Socrates and Plato to show up in a relatively advanced society. In comparison, the time lapse between that event and the appearance of the Christ, 5 or 6 hundred years, is an eye blink.

From the time of His appearance to 14-1500s or so, the beginning of what we call the Renaissance, things went what we think of as slowly. And frankly they went sort of backwards for a lot of those years. We call those centuries between Christ's birth and 14-1500 the Dark Ages for a reason. The Retrogressors were very busy and since the power of Love was still being worked out, they were quite effective. Witness the appearance of the Catholic Church, and how the Christ's message of love became "forgotten" and so skewed.

I know it's hard, but believe it or not, in comparison to the progress made since, 500 BC to 1400 AD, roughly 2000 years, we

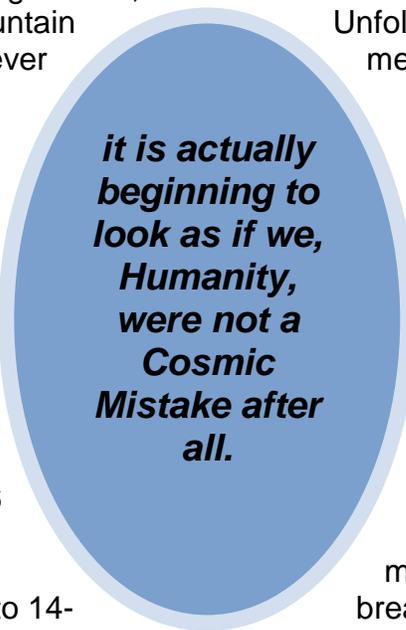
have experienced lightening fast and enormous strides in learning how to live in harmony with the planet and each other. And, mainly because we tend to be so myopic, it is still rather hard to see, but it is actually beginning to look as if we, Humanity, were not a Cosmic Mistake after all.

The differences in time lapses between these obvious evolutionary advances in the Great Unfolding beg the question. What accounts for this apparent speed up of the Unfolding? Well, the answer is meditation.

With the download of the **Love I** program, which contained both soft and hardware upgrades, Humanity was finally enabled to complete the Wi-Fi network between the brain and the higher frequency dimensions of Idea and Purpose.

Through learning how to meditate we were able to break free of the identifications with form that has and still does enslave billions of our brothers and sisters. We were able to expand our consciousnesses above and beyond the lower levels of the mental plane, to contact and contain the frequencies of what we call the World of Ideas. We were then able to link our organic hardware with the higher dimensions of the mental plane and bring these higher frequencies into the world of form. To complete this Wi-Fi hook up, or antahkarana if you like the old terms, required the ability to register and contain the Cosmic Energy we call Love.

This is Evolution.



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In the past few hundred years, we have made enormous and very rapid **evolutionary** advances. We could make a very long list of the effects of our evolutionary advances such as the shifting our self government from the notions of kings to Democracies, and the growth of educational systems, the concepts of equality, liberty, and so forth. But here is just one, rather striking and seldom thought of very, recently occurring example which really demonstrates the growth of our heart centers. We have had the ability to totally exterminate each other with atom and hydrogen bombs for almost a century. **We have avoided that.**

We need to make sure that we choose brothers and sisters who will be making future decisions who have active, open hearts, and are motivated by the Common Good.

The important thing to realize is that all of these advances, including the avoidance of using the atom bomb, were made as a result of more and more human beings being able to contact the higher realms of consciousness through the practice of meditation.

This is evolution.

The issue of self extermination, however, still remains a, if not, the major factor concerning our continued evolution. Actually, who needs to wait around for the destruction of the environmental systems or a stray asteroid to generate extinction when we have atom bombs all over the place. Our free will, heart driven choice not to use these weapons is the only reason we are still in the game.

It is mature to understand that this possibility remains hanging over our heads.

In this regard, we still have plenty about which to be concerned. People generally still tend to ignore, or at best, label as unprovable what we cannot see. We are literally like blind people who discount probably 99% of the Cosmos because we cannot "see" it on the dense physical plane.

Even when we have "seeable" or physically measureable evidence it is doubted, ignored, and even discredited by "scientists" working for those whose interest is in personal power rather than the Common Good. Think of the money and effort that was/is spent by a few hundred Tobacco Giants to hire scientists to prove that smoking was good for us, or the billions being spent by Big Oil to hire climate deniers to allow the continuing destruction of the environment. Our Government is being purchased by these holders of power. "Internal Revenue Service records show that the fund-raising arms race has made most of the presidential hopefuls deeply dependent on a small pool of the richest Americans (130 or so families and their businesses)".

This is not evolution!

All of the global wars since 1950 have had the underlying possibility of igniting an atomic confrontation. Since the eruptions in the Middle East, the situation has only grown more intense. Enormous pressures have been unleashed to goad us into justifying the use of these curtain dropping weapons. Another part of this that is hard to understand is that all of these forces of

opposition to Evolution have provided the force, the pull into the old and outworn ways, the identification with form and the desires for wealth and personal power, luxury and prestige, the evils against which we strive. In that striving for the Good which is the heart of true meditation we simply called forth more Light. That we have not succumbed is primarily due to the fact that we have been meditating, that is connecting linkages so that we are able to contact, embody, and manifest the higher frequencies of the Principles of Cosmic Physics!

The short version of all of this is that in the Harmony of Creation the song of Humanity

is to be the bridge between the dimensions of the Creator's Intention and the dense physical planes of manifestation. At this point in the Great Unfolding, the Plan is for the Plan to manifest through Humanity. Our role on the planet is to meditate, or to call meditation what it is, to move Principle into form, or to create the forms for the Good, the True and the Beautiful.

Meditation is the pen of the poet, the brush of the artist, the harmonies of the music, the voice of the singers, and the moves of the dancers. And, meditation is the heart of True Science, a Science which lives and moves in the Reality of the multidimensional Cosmos and the Power of Love.

Tom Carney
September 2015