

Thoughtline

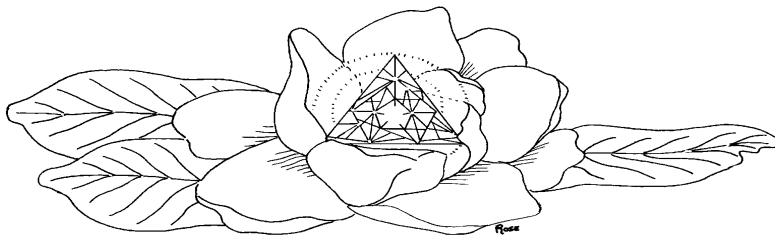
January 2012

Up Coming Events

COMMUNITY MEDITATION MEETINGS
Capricorn, Sunday, January 8, 2012 @ 7:45 PM
Aquarius, Monday, February 6, 2012 @7:45
Pisces, Wednesday March 7, 2012@ 7:45 PM

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Creative Meditation

by Tom Carney



Workshops/Classes (To participate, please call to arrange a meeting)

- ▶ Building the Lighted Way – Sundays @ 9:00 AM
- ▶ Cosmic Fire – Tuesdays @ 10:30 AM
- ▶ The Nature of the Soul – Tuesday Evenings @ 7:00 PM

Group Meditation Work

December 24, 2011 through January 22, 2012

Who shall say that the statement that God is Love is of more value than the statement that All is Energy? Glamour P. 189

January 23, 2012 through February 21, 2012

Forgetting the things which lie behind, I will strive towards my higher spiritual possibilities. I dedicate myself anew to the service of the Coming One and will do all I can to prepare men's minds and hearts for that event. I have no other life intention.

Discipleship In the New Age II P. 226,7

Arcana Workshops

Meeting Location:
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Culver City, CA 90230

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Creative Meditation

“The Lord of the World, through meditation, is carrying forward processes which He instituted in His original, creative meditation—back in the darkest night of the time when He decided to create this planet of ours for strictly redemptive purposes. The whole creation is the result of His directed and controlled thought—a process of sustained thinking which sweeps all the creative energies into evolutionary and cyclic activity, in conformity to the pattern which He eternally visualizes.” *Discipleship In The New Age II* P.222,3

Recently, we talked about the gatekeepers of the status quo and how the Forces of Retrogression use ancient thoughtforms which are deeply embedded in humanity's subconscious to manipulate us and keep the Great Illusion in place. We indicated that Humanity has a weapon or, if you are squeamish, a tool, which we have, over many kalpas, painfully recovered and developed the ability to use to combat this retrogressive effort. This weapon is a particular heart-mind centered and controlled discipline of energy contact, embodiment and deliberate distribution which we call creative meditation.

This particular meditative technique has become infused, involved and mixed up with many other meditative techniques, processes, and purposes which do not perform the function, process and purpose of creative meditation. In this issue of *Thoughtline*, we will try to put some light on just what this particular kind of meditation is, how it works, and give a number of examples of how it can be and is being used in synchronicity with and "conformity to the Pattern" in the effort to aid in the further the evolution of this planet.

It seems obvious that the Will to manifest involves both the ability to be conscious of the manifestation and the ability of the

manifestation to be conscious of the Manifestor. It also seems obvious that from the very beginning, if there is such a thing, that a meditation process provided the Impulse which drove the Intention into manifestation. This meditation process also provided the bridge between that which was created or made manifest and that which made the manifestation.

When through meditation we connect at whatever level with the Manifestor or God, ("Having pervaded this entire universe with a fragment of Myself, I remain."), God knows we know "Him". It seems obvious that somehow Diamonds "know" they are "children" of the Manifestor and the Manifestor "knows" they know it—likewise with trees or vegetables and animals. So, meditation, as the opening passage from *DINA II* indicates, has been at the root of Cosmic manifestation as well as this planet's from the get go.

I assume that what connects the three "lower" Kingdoms with the Manifestor is also the bridge or connector for that phase of consciousness we call human on any planet in any Galaxy. The point is that meditation, the bridge-building software, is an essential pre-supplied aspect of the manifest Cosmos.

According to the Lore, the bridge between the 5th and 4th Kingdoms on this Planet was de-constructed as a result of the Atlantian war. Humanity has been involved in the reconstruction of this bridge ever since. The reconstruction of the bridge, which the Teaching calls the antahkarana, is the living achievement of our success with creative meditation.

However, to gain some clarity around the concept of meditation itself, it would be helpful to look at how it has developed or evolved as an evolutionary tool over the centuries. We need to discriminate between the meditation practices which were effective and used to further human evolution in the bygone eras of ancient times and what is practical and useful to the disciple of these later eras, i.e., the Piscean and Aquarian.

It is understood that the Atlantians were an emotionally developed and polarized root race. Again according to the Lore, the average disciples of that time were still largely practicing hatha yoga with aspiration towards emotional control. The more advanced Atlantian disciples used mystical

forms of bhakti yoga to learn to control the emotional body and work toward mental control.

Today, although most humans are well acquainted with the mental body, it is thought that the majority of humanity are still emotionally polarized. The more advanced disciples of this era are using Raja and Agni Yoga, learning to control and use the mental body while reaching for the Fiery World and Ashramic contact. As Master D. K. has indicated, "The practice of mystical meditation is not that which should be followed by aspirants and disciples who seek to work in an Ashram in cooperation with the Plan and under the guidance of a Master." *Discipleship In The New Age II P. 236*

As I mentioned above, the term meditation has long ago been transformed into a relatively meaningless buzz word. It is, for

example, basically impossible to define meditation for any kind of open discussion because anyone can call just about anything he or she does, meditation. After asking a person if he or she meditates and getting a yes, one really has no idea about what the person actually does.

I have encountered brothers and sisters who do what they call sitting, walking, running, swimming, flying, biking, driving, eating, fasting, sleeping, dreaming, and even combat meditation. There are also numerous meditation techniques and disciplines that can be employed to deal with specific issues such as visualization, emotional control, healing, and many others. One of these specific techniques is creative meditation.

We need to discriminate between the meditation practices which were effective and used to further human evolution in ancient times and what is practical and useful to the disciple of today.

Creativity, however, is another concept that has been made more or

less meaningless through cavalier usage that identifies any kind of activity that puts stuff of any kind into some sort of conglomeration as creative. So, unfortunately, the term creative meditation is also rapidly joining the ranks of the meaningless.

I am not in the least interested in trying to dissuade anyone from his or her view concerning what either meditation or creativity is. However, for the sake of clarity when I am thinking/talking about creative meditation in this document, I am not thinking/talking about following some process to become stress free or at peace. Likewise, I am not thinking/talking about engaging in the activity of using one's lower mental functionality to manipulate the

preexisting thoughtforms of the lower planes into different configurations.

This kind of thoughtform manipulation, from a relative point of view, can be, or not, beautifully creative on the dimension in which it occurs. It may improve the functionality of something, or not. However, it is at least a couple of removes from a certain kind of creative meditation.

Where the individual is concerned, the process of creation begins with an act of the will. Initially one consciously or, more often, unconsciously employs the will to move, via the bridge which the meditator has reconstructed and which the Teachings call the antahkarana into a relationship with that which is not: not in form, not known. One enters into a relationship with Idea, with Principle, as it exists in dimensions above the manifest worlds.

In the beginning this relational experience usually occurs suddenly, like lightening. An awareness or knowing flashes into one's consciousness. The metaphor used to try to communicate the nature of this experience is, has always been, Light. The field is dark. We do not know. We cannot see, and then, suddenly, it is lighted and we SEE.

These initial interfaces are overwhelming to the unpracticed adventurer. It is very difficult to maintain one's focus in the light. Perseverance in daily meditation and a continued will to know will result in a growing ability to "stand steady in the Light" of the Idea/Principle.

For us, that is humanity, this is the inbreathing arc of the process we call creative meditation. Without this initial

opening to and registration of the unmanifest World of Ideas, there will be no creative meditation. **The process of creation starts with Nothing.**

"When a man is beginning to function as a soul-infused personality and is occupied with the task of rendering himself sensitive to the higher spiritual impression, then the creative work of the Spiritual Triad can be developed and a higher form of creative meditation can be employed. It is a form which each person has to find and discover for himself, because it must be the expression of his own spiritual understanding, initiated by a conscious construction or creation of the antahkarana and subject to impression from the Ashram with which he may be affiliated."

Discipleship In The New Age II P.236

“Creative meditation is the word form which we use to clothe the Cosmic Process which brings Intention or Will into form.”

For us, creative meditation is a multidimensional and, therefore, deeply abstract

concept. A very concise definition would look something like this: "Creative meditation is the word form which we use to clothe the Cosmic Process which brings Intention or Will into form." The multitudinous formulations of this Idea have wildly distorted the integral aspects of cosmic evolution.

Today, the most common use of what is called meditation is as a mystically based tool for making one feel comfortable, or happy, or stress free regardless of the reality within which one happens to be immersed. This is, by the way, a condition or an emotional state that is also achieved by perhaps a billion or so of our brothers and sisters through the use of many, many kinds of drugs.

Creative meditation is quite a different process. ***In fact, creative meditation will guarantee that one will not feel comfortable, or stress free, even as one actually begins to free one's self from the Great Illusion. "Comfort", as Master M. has indicated, "is the cemetery of the Spirit."*** However, as the process of creative meditation works, one will eventually become aware of an energy field we call Joy, and, although the stress, pain, and travail--which it seems are unavoidable when one is involved in service to humanity--will not diminish, one will gradually understand that "Joy is a special wisdom."

Let us be clear. Creative meditation is not new. In fact, from my point of view, which is, I admit, somewhat narrow, the term "creative meditation" is redundant. All true meditation is creative. If the process within which one is engaged is not creative, I would venture that it is not meditation, but some other mental, or more than likely, emotional exercise. Learning to bring the equipment into a state of serenity or total calmness and how to construct, and use or process thoughtforms are necessary steps on the Path. These steps will eventually lead the persevering, discriminating, and dispassionate disciple to the shores of that Ocean of Creative Possibilities we call the Ashram.

Much of the meditation that we have ever done and do now was and is creative meditation, hence our present place on the Path. What this Path finally turns out to be is what the ancient wisdom teachings call the anthakarana. When the great esotericist and prescient Ralph Waldo Emerson indicated that everyman has a pipeline to God, he was referring to this Path or anthakarana. Modern students and

practitioners of creative meditation call it simply the alignment.

What we mean by the alignment has to do with the internal and subjective wiring that one has, again over many incarnations, built and organized into his or her equipment through the use of the techniques of creative meditation. We have not yet developed the language to describe this alignment which is actually an energy path in consciousness which begins with the recognition, organization and use of the system of centers in the etheric vehicle according to Divine Law and Order. So, over the centuries of our journey, this Path has been described mainly by poets and artists through metaphor.

The Path As Metaphor

For example, I speak of the Path as the electrical wiring in any system that connects one point of the system to another. Instead of the expansion of consciousness, we speak of upgrading the kernel which controls the computer's operation of the system. We talk about the subjective components, the "software" or thoughtforms which are algorithms which actuate the system's functions. The gradual creation and upgrading or development of this Path is a major result of Creative Meditation. We create the Path by becoming the Path, literally.

Creative meditation eventually becomes a conscious and deliberate, proactive and progressive process that generates the capacity in an individual to consciously brain register and codify how and why any process works. It results in the creative ability of an individual to consciously participate in the co-creation or manifestation of abstract aspects of dimensions more subtle than the dense physical through utilizing any of the many

forms of art, including harmonious and sustainable, systems of government, finance, education that serve the Common Good and the General Welfare.

Three Steps of Creative Meditation

The Inbreathing Cycle. Eliminate any personal agendas from the consciousness. Generate a field that is negative or, since negative has a bad reputation, receptive to the formless World of Ideas. Open to the World of Ideas.

The Space Between. At the high point of this cycle there occurs a space between the breaths. This is where we encounter nothing. There is no way to describe this because there is nothing to describe.

It is the place where the Teachings tell us to stand steady in the Light. Realize that Light is only a metaphor for what occurs. Learn, through perseverance and daily practice, to stand steady in the Light.

You might refer to this space between as contemplation. Realize that "contemplation" is a metaphor and in this case a frequently misunderstood metaphor. There is nothing at all tranquil about this space. Gradually mastering the skill to stand in this space makes it ever so much more likely that the contacted Energy or Idea will be able to imprint itself on the prepared negative field.

The Out breathing Cycle. The third step is actually the most difficult for us because it requires that we stay completely out of the action. When coming out of the experience of the Light, the registered energy will be sensed as some highly abstract frequency, a knowing, an expansion of awareness, a deeper understanding of some Idea, or Cosmic Principle such as Justice, Liberty, Coherence. There will be no words or forms. Just this awareness.

The tendency is to immediately engage the lower mental equipment of our obviously brilliant and well meaning personalities in the process of formulating the energy we have registered. Pithy sayings from our past or incredibly beautiful images are usually indicators that this knee jerk reaction has kicked in. It must be avoided. It takes practice and will to be a detached observer. Yet this is how we come to experience Joy.

When we are successful in avoiding the temptation to formulate, this energy will imprint pure Intention on the negative field. How this appears depends a great deal on one's Ray make up, the particular language set or sets with which one is working: words, numbers, color, sound, textures, and the focus of one's work. The Wisdom of the Cosmos will, for example, imprint on the negative field of a creative meditator who is focused in the area of finance, at whatever level, in some way that will be applicable to that area rather than world food production or national health.

The Mediators' Objective

The objective of the meditator is to insert the registered energy package into the field of the lower mental plane without any manipulation at all. The effort is to allow the energy core of the concept, its very soul, to attract through its own magnetic radiation that matter from one's lower mental field that will best embody or formulate the intention of the concept for the specific field within which one happens to be working. It is in this manner that we participate in the act of co-creation.

The frequency associated with a more or less accurate imprinting is always fiery, inspirational, and encouraging. In areas of daily living the thoughtforms generated by such imprints offer immediately practical

and effective possible solutions to perceived problems in whatever area one is working. These solutions will always ride into action on a wave of good will. They will always generate right human relations in all areas of our interaction with the Five Kingdoms. As Master M. says, "The new must be seen as urgent and useful. Inapplicable abstractions have no place. We are weary of air castles." ***Agni Yoga #20***

Such offers of practical solutions can never be imposed on the target environment. We must know and understand that imposition is not the way of the Wisdom. The effort is to clothe the Spiritual Intent of the registered Wisdom in such a way that it will evoke the free will cooperation of one's co-workers in whatever arena of daily living one happens to be working. This ability is what is referred to as skill in action, and it is the esoteric backbone of all warrior training. This does not imply that the warriors will not step on a scorpion.

Thus we lay open the heart of the matter of creative meditation. It is, has been and will continue to be Group Work. In the Teaching there are three Laws that in this present cycle implement this Cosmic Way. We know them as The Law of Right Human Relations, The Law of Group Endeavour, and the Law of Spiritual Approach. These three Laws are the implementers of the Spiritual Intention embodied in the three Cosmic Principles we know as The Principles of Essential Divinity, Good Will and Unanimity. These 3 Principles and Laws underlie the construction of the New Civilization and World Cultures. They always and only co-exist.

The point of creative meditation is to contact and become immersed in the frequencies of these Principles and Laws. The embodiment process requires that the meditator presents a magnetic receptive field upon which these Living Ideas can impress Themselves.

The distribution process requires the meditator to provide a channel through which the Intention embodied in the Idea can be available to any person of goodwill who is engaged in establishing the Common Good and the General Welfare, which are the frequencies of the new civilization and world cultures, through any program or process, at any level of human

Thus we lay open the heart of the matter. Creative meditation has been, is and will continue to be Group Work.

living.

The mental vehicles of these individuals will provide the source material for the construction of appropriate and practical thoughtforms for their particular service.

This is not work that can be accomplished through desire, through the wish life or the desire to help humanity or through wanting to do something to help. What is called for now in these times of exceeding crisis and opportunity is something greater than the desire for peace or to help.

This work requires the invocation and use of the Spiritual Will. Master D.K. has indicted that the use of the Spiritual Will requires a couple of recognitions, 1. "... the recognition of the divine nature of man." This comes through a deeper connection with and understanding of the Principle of Essential Divinity. 2. "... the recognition of the unconquerable nature of goodness and the inevitability of the ultimate triumph of good." This comes through a deeper

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connection with and understanding of the Principle of Good Will.

The Spiritual Will, or the Shamballa force is "available for right usage but the power to express it lies in its understanding and its group use," This comes through a deeper connection with and understanding of the Principle of Unanimity. "May I repeat those two key words to the use of the Shamballa energy: Group Use and Understanding."

Esoteric Astrology P.581-2

If you see here an invitation to meditate on these three Principles way beyond what we

have done so far, go for it! I think they are actually the Light which lies at the core of each those three Laws about which we banter and the implementation of which holds the solutions to all of the problems we will encounter as we build Heaven on Earth or the New Age.

So, to those who Love this planet, have the will to engage in Creative Meditation, a glorious future is ours to manifest. Unless we do it, it will not get done.

Capricorn, 2012
Tom Carney