

ThoughtLine

March 2010

Up Coming Events

COMMUNITY MEDITATION MEETINGS

The Three Linked Festivals of Spring

Aries, Sunday March 28, 2010 @7:45 PM

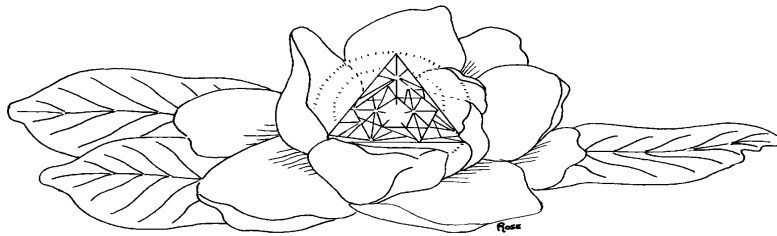
Taurus, Tuesday April 27, 2010 @7:45 PM

Gemini, Wednesday May26, 2010 @ 7:45 PM

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The Science of Silence

P. 1 by Tom Carney



Workshops/Classes (To participate, please call to arrange a meeting)

- ▶ Building the Lighted Way - Sundays @ 9:00 AM
- ▶ Building the Lighted Way - Tuesday Mornings @ 10:30 AM
- ▶ The Nature of the Soul – Tuesday Evenings @ 7:00 PM

Group Meditation Work

February 14th, 2010 through March 15th, 2010

The moment a man identifies himself with his soul and not with his form, then he understands the meaning of the Law of Sacrifice; he is spontaneously governed by it; and he is one who will with deliberate intent choose to die. But there is no pain, no sorrow, and no real death involved. *Esoteric Psychology II* P. 94

March 16th, 2010 through April 13th, 2010

The Macrocosmic Whole is all there is. Let the group perceive that Whole and then no longer use the thought, "My soul and thine." This is the demand for a sense of synthesis which is occult vision and not mystic vision. *The Rays And The Initiations* P. 115

Arcana Workshops

Meeting Location:

3916 Sepulveda Blvd., Suite 107
Culver City, CA 90230

Mail Address:

P.O. Box 506
Manhattan Beach, CA 90267-0506

www.meditationtraining.org

webdisciple@meditationtraining.org
Phone 310-749-3585, 310-545-0910

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The Science of Silence

There is that place we call the silence that is known to those who can get there. Over the eons, poets, artists, scientists, musicians, the world's great philosophers, many others whose names have been lost to time, and many, many others who were never known have found the Path into the silence. The results of their adventures are the thoughtforms which comprise the world's Wisdom. The Wisdom abides, not only in the scriptures of the great world religions, and literature, but also in the simple ways of loving kindness and the many nuances of Brotherhood which run through the music and poetry, arts and crafts of ordinary people.

The men and women who do find their way into the silence are

All the Wisdom of the world is but a metaphor for the silence,

driven by an unquenchable thirst. This is not the thirst for knowledge or fame and fortune that drives the questing personality. There is no knowledge or place for knowledge in the silence.

The unquenchable thirst that drives the seeker to finally learn the way into the silence is the thirst for Truth, for understanding. Knowledge consists of the formulations of the silence that those who learn the path into the silence create when they return. For the seeker of Truth, knowledge is the last and greatest barrier. Knowledge of all kinds is what must be left behind in order to pass into the silence. We must enter naked and untouched.

Fame and fortune are the tar babies, the fool's gold, the ephemeral, glittering aspects of the Great Illusion.

The silence is beyond form. The instant the seeker attempts to formulate the silence it is gone. What remains is the Wisdom. All the Wisdom of the world is but a metaphor for the silence, and as any scientist, be their medium of expression music, stone, paint, words, or mathematical symbols will tell you, it is a metaphor that only barely reveals the Truth of Cosmos.

Even so, through their service these pioneers have succeeded in providing an unending array of metaphorical doorways that will, if opened and entered, lead one to the silence. One must pass through the doorway into the silence. To get there one has to be there.

The ability to move into that space is

dependent upon the skills one develops through the study and embodiment of The Supreme Science of Contact or what we call the science of meditation. The ability to stand steady in the Light of that space is gained by repeated rhythmical exposure of the mind to that Light. The ability to bring back from that space the insights and understandings of the Great Unfolding Will is gained by the development of the Art of Revelation or becoming a co-creator with Divinity.

There is and has always been much talk about the danger this science holds if it were to get into the hands of the "unworthy." This conjuration has been used over the centuries to sequester and hide the particular knowledge that would teach the seeker how to follow the path into the silence. The conjuration of "evil" people getting hold of this teaching which forms

the backbone of the Ageless Wisdom and using it for their own selfish ends is simply ludicrous. The actual “evil” ones are the progenitors of the Great Lie. They are well aware of the reality of the inner dimensions and understand metaphysics involved. They use their knowledge daily to implement the dark designs of the Great Illusion.

This is a fact not to be ignored or denied. Rather than feared, it needs to be faced and understood. It is evident in the horrible conditions which are more than visible on the planet. It is not of the Light to deny the seeker access to the Wisdom. Everyone of us must sooner or later learn the ways of the Path. The parting of the ways involves exactly what one freely chooses to do with the acquired knowledge.

There is, however, a real and very grave danger involving the knowledge of the Wisdom which actually grips many, many of those who are capable of thinking much at all. Much of this so called “secret” information has, over the past 50 or 75 years, been released via a series of books, lectures, television shows, and video tapes. For example, take the relatively recent release called, *The Secret*. This media does a pretty good job of describing how one can use knowledge of the physics of the lower dimensions to go about fulfilling whatever personal desires one may have be they fame and fortune or just a more prestigious job or a bigger house or car.

The danger of releasing this “secret” data, which if one can muster the necessary focus and self determination actually works, is not in the making this information available. The danger is that only half of the information is included. In this and other releases like it, the half of the physics that describes the bottomless pit of illusion that

selfish, personal desire is and the dead end bleakness to which it leads is left out.

Bluntly put, the use of this knowledge to gain separative and personal ends will eventually bind or enslave the consciousness in the sinewy web of the Great Lie. Hence the danger is in this kind of knowledge being in the hands of half-way informed people. And thus Master M’s injunction:

Among the manifestations which are particularly harmful for ascent may be noted half-way service. It is impossible to advance without casting away this terrible half-wayness. Not only is an obvious betrayal (against which one can openly fight with a sword) dangerous, but these pernicious burrowings of half-wayness are so harmful. Thus, on the fiery path let us remember about the danger of half-wayness and its undermining effect. Fiery World III, 8

If this seems ridiculous or fanciful, it is only because we do not understand the physics of how thought and energy work. As scientists such as NYU biology professor David Fitch are beginning to point out, “evolution by selection is not a random process at all, and is actually a hugely efficient design algorithm used extensively in computation and engineering.” And thus we work striving to expand consciousness beyond the shell or basket of self-centered desire—that very basket under which the *New Testament* cautions us to not hide our Light—into the Light of the Common Good and General Welfare, or from the Darkness of the illusory prison of identification with form to the Light of the identification with Life.

In the last couple of hundred years, the whole story of the Path of ascent, including all of its trials and triumphs, has become ubiquitous. We have to admit that much of this science is rather dense. It is guarded from the unready for the unready's sake. These same kinds of guards are an aspect of all scientific exploration in the dense physical.

Rules Of The Road

There are, and there always have been, conditions to accessing the Wisdom. These conditions come with great notices of caution and requirements for constant vigilance. They seldom involve the word NO! They are in the form of laying out the necessary requirements to be able to contact and embody the energy fields of the higher dimensions without damaging one's self and others. How to do this safely is the substance of the Ageless Wisdom.

Those who are looking for information, or the quick road to bliss, glory, heaven, salvation, peace, or whatever, will not have the required perseverance to develop the discrimination, detachment, and dispassion necessary to decipher and apply the algorithms of the metaphysics of the Wisdom. However, these formulas are available to anyone in any number of thoughtform presentations, among which are those closest to my heart: the work of Alice A. Bailey, Lucille Cedercrans and the Agni Yoga volumes.

In the beginning, there are conditions that, as in any experiment, must be maintained in order to keep the scientist from "blowing up" and causing harm to both him or herself and the environment. These are the basic disciplines of purity of body and mind, perseverance and rhythm with which we are all familiar. For those legions of

individuals who achieve the necessary conditions and are attempting to access the deeper layers of this Teaching, the caveat at the heart of the Path of return is clear: If one attempts to gain and use the power without the proper safeguards—fidelity to the archetype, love, compassion, selfless concern, and unrelenting service for the Common Good and General Welfare—one is simply digging one's own grave, so to speak.

These words and how they have been and are frequently used may sound to some mystical and amorphous. Yet, they are simply the conditions of the physics of the energies involved in the experiment.

The Bridge Of Light

As I said at the beginning of this piece, the ability to move into the silence which is the source of the Wisdom is dependent upon the skills one develops through the study and embodiment of The Supreme Science of Contact or what we call the science of Invocation and Evocation or simply Meditation. More specifically, the access to the power of the higher planes of awareness is gained by building a connecting bridge between one's brain, mind, and soul. In the language of esotericism, this bridge is called the rainbow bridge or as the ancients called it, the antahkarana. In the language of higher physics, it is simply the construction of an electrical alignment of coherent light which links three dimensions of consciousness—soul, mind, and brain—allowing the builder access to a fourth.

This conduit enables the two-way communication system, the science of invocation and evocation which has forever been operative on a very subjective level, to come finally into conscious, practical,

functioning use. The physics of this particular area of the science are based in the well-known and understood Cosmic Law that every action, an invocation, calls out an equal and opposite response, an evocation. "Invocation is related to radiation. Evocation is related to magnetism." *The Rays and the Initiations P. 383*

The Essential Tool

At the moment, while not recognized as such, those colleges and universities where research and exploration in the areas of experimental physics, biology, and psychology are being pursued are the colleges and universities that offer course work in this branch of science. In the next few decades, as the recognition of the fact of these higher dimensions by the intelligentsia becomes more and more unavoidable, that will change. Meditation or the Supreme Science of Contact will be realized as the essential primary tool of the explorer of these frontiers and be an integral aspect of all curriculums regardless of the major focus of the area.

Fortunately, there are at present a number of places, groups, centers around the world that do offer "course work" in this science today. This work is utterly different than traditional educational offerings. It is wholly group work and is motivated and driven by a love for humanity. Furthermore it is totally based on experimentation, experience and expression, and its single purpose is the evolution of consciousness which manifests as selfless service to the Common Good and General Welfare.

Service is a soul instinct. An individual who is serving the Common Good and the General Welfare is demonstrating the success of evolution, for such service is the "evolutionary impetus of the Soul." It does

not involve an authority figure in the role of teacher. In this work teachers are guides and co-workers, not authority figures. Human free will is always respected and honored. There may or may not be a syllabus. In any case, the course work is not "content driven." The training is not about information. There is no competition or exclusivity. Advancement is a matter of conscious self acceptance and demonstration through some field of service to the Common Good and General Welfare of one's true being.

To build the antahkarana, the bridge of synthesis, does not require that one have access to hundred billion dollar laboratories and exotic synchrotrons. The priceless laboratory and the necessary equipment to actually build this bridge are part of the equipment with which every human being is born. Since one's laboratory is one's own vehicle, the conditions of caution become most significant.

The Science of Synthesis

The bridge is not a product of analysis. It is, in fact, relatively useless as an analytical tool. The bridge is a product of synthesis. It is a tool that reveals and enables the understanding of the mystery of relationship. Such understanding or expansions of consciousness always lead to a greater synthesis. There is no end to the Cosmos.

Building the bridge of synthesis is a task which confronts all those, regardless of any aspects of their personal lives, race, religion, class position, education, vocation or avocation, who aspire to the unknown. As we also know, the essence of this particular task eventually requires the conscious and willing disidentification with the worlds of the separated self, the lower

form worlds of all kinds, thus opening the way into the visions of truth which reside in the heart of the World.

As I said, it is not possible to describe the silence. I am calling it a space, but it is not even that. We cannot think of the silence as a container. How can one think of infinity as a container? It is non-space, non-time. It is Life before form. It is an infinite sea of frequencies, of Light, Truth. It is 0. It is that nothing out of which everything flows. And, since we can't figure out what it is or isn't, we simply call it God. And to go there, one must be willing to leave everything in the way, that is the worlds of form, behind.

To enable the conscious movement from form into this "space" is the purpose of the Supreme

Science of Contact. It is true that many of us have entered into this space or rather been moved into it with seemingly no effort at all. In my experience, in addition to the entries afforded by rhythmic meditation, this entrance has occurred any number of times by a sudden, totally unexpected confrontation with what I can only describe as Beauty which, it seems, is always accompanied by Gratitude.

In the actual work of building the bridge or practicing meditation, our identification with forms, as I said, eventually becomes the major hurdle to penetration and progress. Early hurdles are the inability of the would-be meditator to establish the demanded rhythms, balance, and continuity of focus. This kind of meditation involves the use of the mind in both its intellectual, analytical, thoughtform-processing mode and its heart-focused ability to register intuitive insights which have their origin in the silence or interior of every formulation. The

heart of the science of meditation does not deal with information. It deals with energy, pre-formation. And only after that does it become involved in the creative process of thoughtform building.

Our eons-long dance with the form world has mired us deeply in our identification with it. When, on occasion, I point out to a group that the vast majority of human beings are psychically identified with their bodies, that is that people actually think of themselves as their bodies, most of the people look at me as if I were pointing out that the sky is blue. Most of the 6.5 billion people on the planet have probably never

considered that they are *not* their bodies. Also, it is obvious that our psychological identification with our own bodies extends to

an identification with our various kinds and amounts of property as a source of personal value. These identifications are ancient and very powerful.

As one ventures into the practice of the science of mediation, these identifications present themselves as obstacles to the creation of the alignment between the brain, mind, and soul. As one moves more deeply into the science, one discovers that the identification with the dense physical body is only the first of the identifications out of which one needs to grow.

We soon realize that we have an emotional body and a mental body. These bodies are quite distinct from the dense physical, and each has a different, very distinctive frequency. It is only as one detaches from identification with the body that one is able to create a relationship with and have any chance of understanding and controlling it. It is a good thing to frequently recall two of

We cannot think of the silence as a container. How can one think of infinity as a container?

the significant algorithms of the physics of meditation. Recognition creates relationship. The measure of understanding is the degree of love.

In the long run, it is the identification with the mental body which I have mentioned three times now, which, for many reasons, is the most difficult obstacle for the experimenting scientist to overcome. There are a great many reasons for this, all of which are uncovered and dealt with as the process of experimentation, experience, and expression or demonstration, eventually leads the scientist to the portal of what in esoteric terminology is called, The Third Gate.

***Two Algorithms of the physics of meditation
Recognition creates relationship.
The measure of understanding is the degree
of love.***

To most people commentary like the above is pretty much dismissed as non-sense. Such a thing as an emotional and mental body which is not the dense physical body is not believable. It sounds like science fiction or an idealistic, utopian, dreamland fantasy and is dismissed as such. Yet, in the last 75 years or so, scientists have developed instruments and techniques that have enabled them to discover the existence of particles and physical elements whose existence was unknown a few years ago. There have been many advances in other fields of science as well.

For example, our recent recognition of the planet as an actual whole body, revealed to us a short time ago by photographs from space, has led to the recently accepted, in a real sense and not just a nice thing to say, anciently known fact that all things are interrelated with one another. This recognition has generated if not a new science, at least a new way of looking at what is happening in the various dimensions of our environments, both

physical and metaphysical. I think of this point of view, made possible by recognition of the existence of the planet as something distinct, as the science of relationship or cause and effect. A study of events and conditions from the point of view of relationship by many of our scientists is resulting in many discoveries. For example, although still opposed by the priests of retrogression, it is almost a cliché to point out the relationship between our use of fossil fuels and global warming. Another example is the relationship between the consumption of high fat and starch diets and the alarming obesity of children.

On a more subtle level, looking at our social, political, economic, and

educational systems through the lens of relationship reveals a very subtle, non-dense physical dimension of our everyday lives. Psychology has long been a science which has attempted to delve into those dimensions of reality that are well beyond the level of the dense physical. Assumptions such as those which make up the theories of behaviorism, and which are based on a dense physical science that denies the existence of subtle dimensions regarding what the human psyche actually is and how it relates to the dense physical appearance of a human being have delayed for many years the exploration and possible revelations that this area of science is now producing.

That the use of fossil fuels is having a deleterious effect on our environment is a relationship that is easy to demonstrate with physical plane fact. It is also relatively simple to point out the relationship between the huge consumption of large numbers of "bacon cheese burgers" and the concomitant pathologies in brain function,

heart disease, and so forth that are simply the unadvertised “go withs” of obesity. What is not so easy to document in hard physical demonstrations is the psychology which drives the choices made by us that lead us to indulge in the wanton pollution of our planet and the poisoning of ourselves and our children.

The higher dimensional psychic forces that drive such behavior have long been known and, over the eons, given many names. The Ageless Wisdom of every land and people identify them and warn of their insidious and destructive power. Plato, for example, speaks of them in virtually all of his Dialogues.

The Seven Deadly Sins

Anciently, these forces were identified as the seven deadly sins. The names I learned for these forces were pride, hate, envy, avarice/greed, love of luxury, gluttony, sloth/depression. The point here is that these words are much more than simple meaningless abstractions which poets, playwrights and novelists use to make things interesting for us. These words are simply the dense thoughtforms, algorithms in the language that we have used to identify various frequencies of psychic force that exists in reality. I have no doubt that sooner rather than later these frequencies will be recognized and isolated in formulas that make the hearts of experimental physicists beat very fast. These forces have a terrific psychologically causative effect on what happens in our world.

For example, pride and greed are forces which are frequently found working in tandem. They exist as frequencies of energy and are as present in humanity's psyche as air is on the lower dimension of the dense physical planet. I would point out

that when focused and directed by a will, these forces, which are invocative, yield a destructive evocative response of much greater magnitude than that which is released by the explosion of an atom bomb.

The explosive force of an atom bomb manifests quite quickly. Pride and greed which are constantly present, pernicious forces work their deadly and destructive radiation over vast stretches of time. Present throughout all sectors of humanity, greed and pride manifest on tiny individual levels between people in everyday transactions, wreaking damage and suffering. They operate as well on macro scales with terrible destruction in the body of the One Humanity. For just one macro level example of the tremendous destructive power of greed and pride, we have the worldwide collapse of our financial systems which have caused and are causing physical damage and pain, suffering and anguish on an immeasurable scale the world around and over very long time frames. As I write, the effect of these forces is bringing down entire countries in Europe.

The sciences are gradually revealing the factual presence of these very subtle, dense forces and the dimensions in which they function. These forces and dimensions have long been a known and studied part of the seamless presence of the form worlds. In the language of the West these dimensions are called the etheric, astral, and lower mental dimensions. Except for the recent discoveries of previously unknown particles and units of matter which are leading the physical scientists ever closer to the more subtle etheric dimensions of the dense physical, the astral and lower mental dimensions remain

out of the range of our best manufactured instruments.

These dimensions, especially the astral or emotional, and the existence of the forms of life that occupy them have for as long as there is any record at all been a part of humanity's knowledge and awareness. They have even been catalogued and categorized (angels, demons, and a sort of middle ground of "beings" that can, it seems, go either way: imps, gnomes, leprechauns and so forth) by scholars who have made it their life's work. These dimensions have been refused recognition by physical scientists because we have not been able to conclusively prove their existence with physical dense measurements. However, such "proof" is rapidly being generated in various ways.

Humanity's Psychic Brain/Mind

The internet, that marvelous non-dense, weightless, formless out-picturing of humanity's psychic brain/mind, is providing observable, measurable proof of the existence of both the lower mental dimension and the emotional or astral dimension. The vast majority of the forms which populate these dimensions are composed of substance or frequencies which have occasionally been "seen" by many, many individuals from all around the world and can actually be "felt" on the dense physical and tracked in various ways. An excellent example of how this knowledge which has always been with us even if dismissed as "unreal" is impacting our understanding can be seen in how we speak now of a fad or program or rumor or lie or opinion or story going "viral". In virtual seconds, individual brains all over the world are processing the same emotional or mental thoughtform.

Understanding of this fact and knowing how to manipulate it has always been the backbone of what we call marketing. Marketing is just a fancy word for manipulating the emotional and mental fields of humanity to cause a specific event to happen, be accepted as truth, to start a war, to get a person elected to office, to sell cars, clothes whatever. Emotions like fear and anger are the most obvious and easy to track. It is an extremely narrow mind that would deny the existence and power of these actual forces.

The Saving Force

Love or Compassion are energies of a much higher frequency and are much more difficult to track. Yet their presence is all that saves us from total disaster. These energies are literally visible in all movements of hope and care and concern, all actions of loving kindness or selfless service all around the planet.

The issue I am presenting is the almost desperate need for humanity to get past the current fixation of identification with the dense physical. True science does not believe anything. Likewise, it does not disbelieve anything. Science experiments, experiences and expresses. We presently have not as yet manufactured instruments that can physically register the presence of the relatively dense dimensions we call the astral and lower mental. However, as I outlined above, this kind of "proof" is very close at hand. Furthermore, these dimensions, as well as the higher "beyond form" dimensions can be registered and known through the trained use of the equipment with which we came into life; i.e., our brains, hearts, and minds.

The dense physical dimensions are the realm of the science of analysis. The

scientist of synthesis does not use or need any manmade instrumentation but relies on what is within his or her own vehicle. With this instrumentation he or she can register many dimensions finer than any material forms touched by present day scientific instruments, and with a highly focused and trained effort, he or she can actually go to NO Place. To the scientist of synthesis, this sounds like a really interesting option to explore.

Every such journey must begin with a sacrifice. This is the function of the Law of

The very act of invocation is not an asking for something, it is a radiation, a sending of a powerful message that one is prepared to receive the next inflow of Light.

Invocation and Evocation or as it is commonly known, the Law of Cause and Effect. A space for the new must be prepared. In fact, the very act of invocation is not an asking for something, it is a radiation, a sending of a powerful message that one is prepared to receive the next inflow of Light. This is the "secret" of the meditative alignment. The presence of the alignment is an invocation, a message that one is standing receptive.

The required sacrifice is the relinquishment of the individual seeker's identification with his or her persona and the illusion of the dense physical as the Real which it represents. The seeker freely identifies with the Spiritual reality which resides within his or her heart. To prepare us for this kind of sacrifice is the point behind all the early training and practice of meditation.

The notion of sacrifice has been grossly deformed by those who would prevent humanity from moving into a deeper understanding of Truth. Sacrifice is something we do all the time. In order to build a new discipline into our lives we must sacrifice some old habits. This is common understanding and the appropriate use of the concept of sacrifice. An excellent example of true sacrifice is the changes in habits and routines that a young couple

goes through as they prepare for the appearance of a new baby. The "den," (an interesting word, indeed) becomes

the nursery. All manner of routine and habit must be altered or sacrificed for the service of the new life. This is sacrifice, and as Master D.K. has pointed out, "the moment a man identifies himself with his soul and not with his form, then he understands the meaning of the Law of Sacrifice; he is spontaneously governed by it; and he is one who will, with deliberate intent, *choose to die*. But there is no pain, no sorrow, and no real death involved." (*Esoteric Psychology II*, 94)

There is new life, joy, hope, and all the wonderful things that a new infant soul brings into the world. This is the meaning and significance of sacrifice.

Tom Carney
March, 2010

*Sacrifice means resurrection.
We die,
To be born.
Each night merges
Into a new dawn.
The pain comes from holding on.*

*Sacrifice is saying yes.
In the yes we let go.
And
The pain ends
In the New.*

*It is, of course, true-
There can be no Phoenix
Without the ashes.
But
Phoenix focused, fused
To that rush and release,
Pain remains
Below
With the ashes.*

*And
Flying free
We wing
Joy filled- joyfully
Into New and formless
Light.*

*Sacrifice
Is the commitment
Of Summer's full-blown richness
To the gloriously incandescent furnace
Of Autumn's kaleidoscopic color
And
The death white ash of Winter
From which has already
Sprung Spring.*

Sacrifice is the doorway into Eternity.

Tom Carney