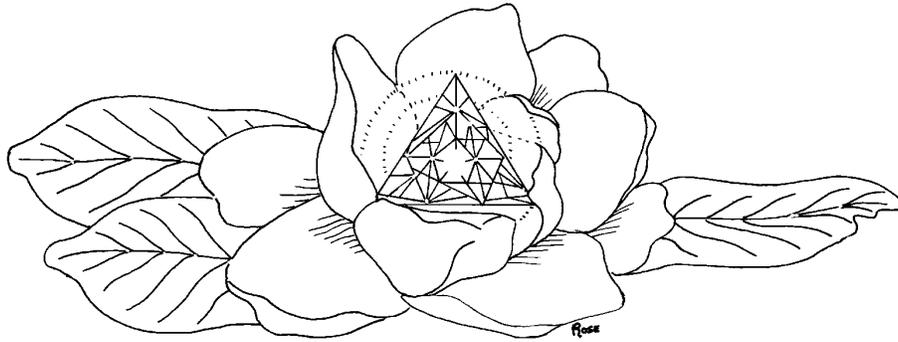


ThoughtLine

November 2004



To provide the training, the atmosphere, the companionship and service opportunities necessary to
"link Hierarchical intent with human aspiration" and the Will to Good.

Arcana Workshops

Arcana Workshops is a non-profit tax exempt corporation and your donations are tax deductible.

Meeting Location:

3916 Sepulveda Blvd., Suite 107
Culver City, CA 90230

Mail Address:

P.O. Box 506
Manhattan Beach, CA 90267-0506

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2005 Group Meditation Work

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✓ Workshops/Classes Held At Arcana Workshops

Fourteen Rules For Group Initiation - Sundays @ 9:00 AM. (Please Call)

Fourteen Rules For Group Initiation - Tuesday Mornings @ 11:00 (Please Call)

Elements of Esotericism- Tuesday Evenings (*Start Date November 2, 2004 7:30 PM*)

✓ Up Coming Events

November 26, 2004, Friday 11:15 AM (Please Note AM start time)

November (Sagittarius) Community Meditation Meeting
Arcana Workshops, 3916 Sepulveda Blvd. Suite 107, Culver City, CA

December 26, 2004, Sunday 6:30 AM (Please Note AM start time)

December (Capricorn) Community Meditation Meeting
Arcana Workshops, 3916 Sepulveda Blvd. Suite 107, Culver City, CA

Group Meditation New Moon Cycle Seed Thought

October 14 Through November 12, 2004

Christ and the spiritual Hierarchy never—no matter how great the need or important the incentive—infringe upon the divine right of men to make their own decisions, to exert their own free will and to achieve freedom by fighting for freedom—individually, nationally and internationally. *The Reappearance of the Christ P. 164*

November 12 Through December 11, 2004

It was never said to rely upon the Lord. On the contrary, it was repeated, "Be imbued with the Lord!" There is a great difference between timid and inactive reliance and imbuing the entire being with the consciousness of the Lord. As an invincible sword, the consciousness identified with the Lord smites all obstacles! Doubt cannot hatch where a flaming consciousness is kindled. There will be no fatigue where the inexhaustible source of forces is admitted. Fear cannot penetrate into the temple of invulnerable armors. Thus I advise to accept My Shields, not in recurrence to a saving protection, but to conquer through the blending of consciousness. *Hierarchy #149*

Note: Write to the Editors at webdisciple@meditationtraining.org

Prepared to be Impressed?

The purpose of this short talk is to help prepare us for our meditation—to ready us for impression from a consciousness for which we are normally unprepared.

The Ageless Wisdom proposes much that is not immediately verifiable, but if the Teaching is experimented with and meditated upon, we find new realizations about relationships in our world that previously were not obvious to us. We go through periods that seem mundane, but we persist and continue to increase our awareness in regard to our environment and the world around us. Then one day, our old perceptions seem foreign to us and we realize that our capacity to appreciate beauty through all of our senses has increased.

This Wisdom teaches that there is unity in all that is manifested; Not that all things are united, as members on a sports team are united, but that existence is One Thing, that separation is an illusion, that there is but One Life.

This One Life, expresses through seven Streams of Energy, or Lives, whose nature is consciousness. These Lives are referred to as The Seven Rays. The Divine Plan, upon which we meditate, is rooted in the consciousness of these Ray Lives. *Esoteric Psychology – Volume I*, P. 137 The Seven Rays are the informing essences and the active energies in all manifestation. *Esoteric Healing*, P. 583 This is the reason why we are taught that there is no basis for thinking that any one thing is separate.

Though the vast majority of us humans have not yet refined our senses enough to allow these energies to impress our consciousness, we are called as a group to strive to do so. Those of us

who consciously participate in making ourselves ready to be impressed by and then radiate energy received from more evolved sources, do humanity-as-a-whole a great service. Can you embrace this concept—that energy can be received; that some thought, however subtle, can be impressed upon you and that energy and thoughts can in turn be radiated outward to the public? Consider that this can be verified. Consider the potential in it.

Consider that we can become sensitive enough to allow the energies that contain the Plan of God to impress our consciousness, that we can radiate these energies throughout humanity and that we can observe the results.

***Existence is One Thing.
Separation is an illusion.
There is but One Life.***

How do we do this? Initial steps have to do with a sane treatment of the physical body, with an intellectual understanding of physical, emotional and mental states, and with an emotional nature that is under the control of a reasoning mind. *The Soul and Its Mechanism*, P. 133 Once we gain control of and integrate the physical, emotional and mental aspects of our personality, we can begin a creative type of meditation that can produce the results for which we look.

After accepting that we are not our physical bodies, we are not our emotions and we are not our thoughts, we respectively relax, calm and still them. We learn to concentrate on a single object. Being able to hold a point of focus on an object for a length of time, we reach a meditative state, which penetrates beyond the form. This state eventually passes into what is known as “contemplation”. In contemplation, the mind is totally quiescent and open to impression. Also called “the silence” this is the

source of illumination and inspiration. We perceive that there is a state of consciousness unlike that state normally experienced, and that a new, expanded level of awareness certainly must await us. *A Treatise on White Magic*, P.34 That a definite process has occurred, aided by something other than our individual effort, is a matter to be verified by personal observation or rejected by the same.

From many sources we are told that the practice of this type of meditation on a rhythmic schedule and over a period of time will increase the vibratory rate of the atoms in our bodies and that we can become receptive to energies of increasingly higher quality. We can gain possession of an ability to raise the frequency of a point of focus in the head and to align in harmony with our soul, with our group and eventually with consciousness much more highly evolved than ours, which actively awaits our approach. As we refine our skill, our thought life can become more controlled. We can eventually spend more and more time focused in the head and consciously ready to receive impressions.

What highly evolved consciousness impresses us? We're told that there are three Planetary Centers. Humanity is considered one, and with it are The Spiritual Hierarchy and Shamballa.

Shamballa is the planetary center from where the Energy of the Will and Purpose of God flows. Shamballa works through the Rays and impresses the Spiritual Hierarchy with God's Plan.

The Spiritual Hierarchy is the Planetary Center of Love-Wisdom and is made up of beings whose purpose it is to implement the Plan. The

World Teacher is at the center of the Spiritual Hierarchy and is known by many names. The Spiritual Hierarchy works through its Ashrams, or Masters' groups, and impresses humanity with a portion of the Plan that is directly related to the invocative effort put forth.

The process of consciously receiving and discriminating between impressions presents challenges, not the least of which is that we humans are subjected to many, many impressions, including telepathic and mental currents and vibrations from all the planetary kingdoms—mineral, plant, animal and human. This has occurred on subconscious levels throughout humanity's time on Earth. By consciously invoking the help of the more evolved Planetary Centers, and by training ourselves to discriminate between impressions, we can help guide humanity in its evolution. This conscious invocation done by humanity in groups, we are told, is a powerful thing and more helpful to the Spiritual Hierarchy in implementing the Plan than we can imagine. *Telepathy and the Etheric Vehicle*, P. 81

This makes sense to me. All of us who have been here before have felt the energy intensify and our vibratory rate increase during group meditation. We may have become more aware and in control of our thought-life. We may have become more aware of the influence our words and actions have on our environment. We may have noticed that in some situations we can raise the quality of energy to a more positive level by simply radiating the love and peace that is available to us through our confident alignment with the Planetary Centers. We may have gained, little by little, insights into what our next step along the Path will be. For as long as this is so, or for as long as we

We perceive that there is a state of consciousness unlike that state normally experienced, and that a new, expanded level of awareness certainly must await us

have a strong sense that this will be so and that increased awareness and insight will come, we are encouraged to use this process of invocation, evocation and impression.

Throughout the Bailey Books this process is discussed in depth. *The Nature of the Soul* deals directly with it, and the Agni Yoga Series makes clear that invocation has a definite roll to play in our evolution. Here are brief examples from each:

In the Agni Yoga Series, Master Morya tells us “The essential nature of man can be transmuted by the invocation of better vibrations. Only such a reminder will give man access to a higher status. At the present time humanity is found to be continually in the vibrations of the lower spheres...the contact of the Ray of the higher spheres will truly give that vibration which will rouse the consciousness.” *Fiery World III, paragraph 253*

From Master D.K. in the Bailey Books we are told, “The Science of Impression might be regarded, in the last analysis, as the fundamental science of consciousness itself, for

the result of contact and impact leads to the awakening and the unfoldment of consciousness and of that growing awareness which distinguishes every form throughout the manifested world. *Telepathy and the Etheric Vehicle, P. 62-63*

And in *The Nature of the Soul* we learn that, “Evocation is a calling forth into expression of that Divine Potential which is latent within the manifest form. Thus, the indwelling Christ, that divine Spark or Seed within the consciousness of the mass can be attracted into expression via the magnetic pull brought to bear upon it by a conscious Son of God living within the body of humanity.” *The Nature of The Soul, P. 42*

Now, before we meditate, simply put in words that are well known to us, “Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. *Mathew 7: 7-8*

Jay Pietrzak – Libra full moon 2004

November 2004

Dear Friends:

The following documents in this mailing are a brief explanation of, and the group's meditation work for 2005. We hope that you will join with us in meditation during this year of great opportunity and demand. If you have any questions regarding this meditation work, please let us know. We will be very happy to discuss any aspects of the work with you. You can e-mail us at the following address webdisciple@meditationtraining.org or phone us at 310-545-0910.

At this point of the year, we make our annual appeal for your financial support. As we have said many times before, Arcana Workshops is a completely volunteer operation. We pay no wages, have a minimal overhead and thus we have been able to continue what service we do for some 45 years.

In this period of time, we have trained many, many meditators in "a certain kind of meditation." We pioneered the full moon meditation work in Los Angeles and have held full moon meditation meetings that were open to the public for the past 40 some years. As founding members of the Los Angeles Intergroup Committee we initiated the public observance of the Three Linked Festivals. We started with the Wesak Festival and eventually added the Aries and then the Gemini Festivals to this service work.

We have published *Thoughtline*, a journal of esoteric thought and the record of the group's meditation life, monthly for the past 30 years or so. As you know there is no charge for *Thoughtline*; however many of you do send donations to us to help defray the associated costs.

One could go on, but these are the kinds of services we have been privileged to carry out in our effort to respond to our alignment with the Ashram and to our service to humanity. We do not need much, (Our yearly budget is \$25,000.) but we do have a need. Your understanding generosity and love have always sustained us.

We thank you for that which you have shared with us, and we thank you for whatever you are able to share now.

In the companionship of the Path, we are
loving you,

-tom

For Your Friends and Co-workers at Arcana Workshops

P. O. Box 506

Manhattan Beach, Ca. 90267-0506

Arcana Workshops
2005 New Moon Meditation Cycle
Seed Thoughts

**Note: All times are Pacific Standard Time. You will need to adjust for Day Light Time and for your time zones. For the time zones, please consult *Full Moon Magic 2004-2006*. For copies of *Full Moon Magic*, please contact Arcana Workshops: PO Box 506 Manhattan Beach, CA 90266
Or webdisciple@meditationtraining.org**

New Moon	Seed Thought	Full Moon
Inbreathing Cycle		
Jan 10, 2005 4:04 AM	Forget not that meditation clarifies the mind as to the fact and nature of the Plan, that understanding brings that Plan into the world of desire, and that love releases the form which will make the Plan materialize upon the physical plane. <i>The Externalization of the Hierarchy P.</i>	♊ Jan 25, 2005 2:33 AM
February 8 2:29 PM	He will again appear and guide mankind into a civilization and a state of consciousness in which right human relations and worldwide cooperation for the good of all will be the universal keynote. <i>The Externalization of the Hierarchy P. 609</i>	♋ Feb 23 8:55 PM
March 10 1:11 AM	For in perfect balance there is no weight. Thus one more step and hidden meaning of a so oft-quoted Truth is revealed "In Heaven, so on Earth." <i>From the R Archives "Divine Love" P.2</i>	♌ March 25 1:00 PM
April 8 # 12:33 PM	Great Forces, under potent spiritual leadership, are standing ready to precipitate Themselves into this human world of chaos, confusion, aspiration and bewilderment. These groups of energies are ready to focus and distribute themselves, and the Hierarchy is closer to mankind than ever before. <i>The Externalization of the Hierarchy P. 485</i>	♍ April 24 # 2:08 AM
May 8 12:47 AM	From the centre which we call the race of men Let the Plan of Love and Light work out. And may it seal the door where evil dwells. <i>4th Stanza of The Great Invocation</i>	♎ May 23 12:19 PM
June 6 1:56 PM	I would have you remember that disciples learn to work with the plan by <i>working</i> ; they learn to discover the inner expanding consciousness of humanity by the development of an increasing sensitivity to it; and they find their coworkers in the Plan by the old and tried method of trial and error. <i>The Externalization of the Hierarchy P. 332</i>	♏ June 21 8:15 PM

Indicates eclipse of the sun by a new moon, or of the moon by the earth at full moon, intensifying whatever influences then prevail.

2005 New Moon Meditation Cycle Seed Thoughts

New Moon	Seed Thought	Full Moon
Out-breathing/Embodiment Cycle		
July 6 4:04 AM	The effect of one of you within and upon the human family is far greater than you can see, grasp or sense from your particular perspective. Consider that effect multiplied by many groups of you. <i>From the R Archives "The Divine Plan" P.9</i>	☾ July 21 3:01 AM
August 4 7:06 PM	The disciple is strictly humanitarian in his outlook. He works for the One Humanity and though aware possibly that he is affiliated with the Hierarchy, his loyalties, his service and his life intention are directed entirely to the cause of human betterment. <i>The Externalization of the Hierarchy P. 586</i>	♈ August 19 9:54 AM
September 3 10:46 AM	The disciple in the Hierarchy can give that Plan an abstract form, but its birth in the three worlds depends upon the ability of the disciple in the body of humanity to grasp that abstraction, to embody it and to give it concrete form. <i>From the R Archives "The Divine Plan" P.3</i>	♍ September 17 6:02 PM
October 3# 2:29 AM	Obedience to the Plan brings revelation of the hidden Purpose, and this is a phrasing of the great objective which impulses the Hierarchy itself. <i>The Rays and Initiations P.315</i>	♎ October 17 # 4:15 AM
November 1 5:26 PM	Twilight will end. Do you not see that the Cosmic Consciousness is in convulsion? We know the course of the battle—the Plan of the Creator cannot be altered. From the Beginning the dark ones struggled. From the Beginning We conquered. <i>The Call #231</i>	♏ November 15 4:59 PM
December 1 7:02 AM	Brotherhood is contagious, it can spread from man to man, from family to family, from city to city, nation to nation, and bring to bear upon us all, the great healing power of its Love. <i>From the R Archives "Service" P. 3</i>	♐ December 15 8:17 AM
December 30 7:13 PM+	Every human being is a miniature replica of the entire plan. <i>Esoteric Psychology V I P. 21</i>	♑ January 14, 2006 1:49 AM

Indicates eclipse of the sun by a new moon, or of the moon by the earth at full moon, intensifying whatever influences then prevail.