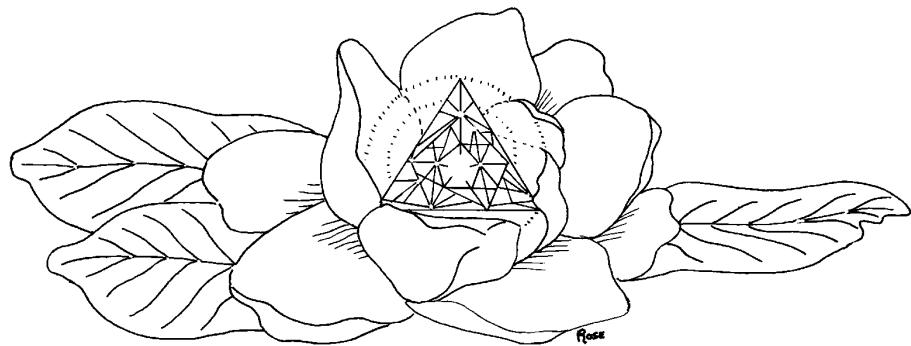


# ThoughtLine

December 2001



**To provide the training, the atmosphere, the companionship and service  
opportunities necessary to  
"link Hierarchical intent with human aspiration."**

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Arcana Workshops is a non-profit tax exempt corporation and your donations are tax deductible.

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**✓ In this Issue**

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We Can Do this  
Seasons Greetings  
2002 Meditation Cycle

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Attachments

**✓ Workshops and Study Groups held at Arcana Workshops**

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**Location:** 3916 Sepulveda Blvd., Suite 202, Culver City, CA For information call (310) 391-9772

**The Millennium Disciple** - Tuesday Mornings @ 11:00 (**Open Enrolment, Please Call**)

**White Magic** - Tuesdays 7:30 to 9:00 PM (**Open Enrolment, Please Call**)

**Nature of the Soul** - Wednesdays 7:00 to 9:30 PM

**Esoteric Astrology** - Thursdays 7:30 to 9:00 PM (**Open Enrolment, Please Call**)

**✓ On Line Meditation Training - [www.meditationtraining.org](http://www.meditationtraining.org)**

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**✓ Up Coming Events**

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**December 16, 2001, Sunday, 1:30 PM**

*Los Angeles Heart Meditation  
Dorothy Chandler Pavilion, Plaza Level  
1<sup>st</sup> St. and Grand Ave, Downtown Los Angeles*

**December 29, 2001, Saturday, 7:45 PM**

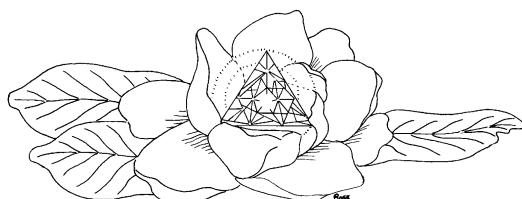
*Capricorn Community Meditation Meeting  
Arcana Workshops, 3916 Sepulveda Blvd. Suite 202, Culver City*

**January 27, 2002, Sunday, 7:45 PM**

*Aquarius Community Meditation Meeting  
Arcana Workshops, 3916 Sepulveda Blvd. Suite 202, Culver City*

**February 26, 2002, Tuesday, 7:45 PM**

*Pisces Community Meditation Meeting  
Arcana Workshops, 3916 Sepulveda Blvd. Suite 202, Culver City*



## We Can Do This

*It must not be thought that we are traveling on a luxury train—we are walking over an abyss on a plank. ...  
The very greatest Forces are in Battle for the salvation of humanity. New Area Community #76*

In the eternal turning of the Great Wheel, Sagittarius marks both an end and a beginning. The end comes from the fact that we have once again moved from Aries via Taurus around the wheel and finally through the tests, or as I prefer to think of them, the readjustment opportunities of Scorpio. These tests or opportunities spring, as we have come to realize, directly from a questing disciple's efforts to manifest a life of spiritual livingness. This is a fact of Path, and it is true whether we are talking about individual disciples, such as you and me, or the One Disciple, we call Humanity. In either case, the disciple spins his own path out of the stuff of his daily living.

Well, that is the end. The beginning is that we now face the next pitch in our eons long evolutionary climb on the mountain of consciousness. Now, according to the ancient lore, is the time when we prepare to move forward into the Supernal Light on the mountaintop of Capricorn. What we learned as we underwent the experiences of Scorpio helps us to true up our spiritual compasses. It helps us refine and realign our motivation, to clear out any of the residue or debris resulting from these adjustments, and most important of all, to eliminate any accumulations of those two breath stoppers, fear and doubt. So, really new and refreshed, we face the future, as it inevitably makes its way toward us, moving into it with renewed resolution and that special wisdom Master M calls Joy.

Just as humanity has evolved through the efforts of its son's climb up the mountain of consciousness, the symbols which the Ancients used to depict our struggles have evolved too.

Unless a form is unnaturally constrained, it evolves, eventually mirroring the essence of that which it is embodying. As symbol, the evolving form gradually approaches metaphor or synthesis. Sagittarius, a good example of this evolution, has always been the sign of the disciple, and we are all familiar with how the symbol for Sagittarius has evolved from the eons old centaur, half man half horse, to a person on a horse with a bow and arrow. Today, it's not even a person or a bow anymore, but just the arrow, and we know now that the vehicle which carries us into the future, a future which is simultaneously, if we allow it, moving into us, is not a horse at all. Today the modern version of the ancient Disciple, Lanoo, is the arrow.

The evolution of this particular symbol also mirrors Humanity's progress on the Path, and it is this view of discipleship, the disciple as arrow, that is today, more than ever before, key to Humanity's evolution or ascent up the mountain of consciousness. Consider: What was sensed so strongly last Aries with the growing inflow from Shamballa, was registered in Taurus, given an etheric body in thought in Gemini, physical appearance in Cancer, persona qualities in Leo, birth in Virgo, balance in Libra and was tested severely in Scorpio.

That which was tested in Scorpio was born in Virgo. The very large and visible birthing which occurred in Virgo this year was that mirrored in the tragic and painful events on September 11<sup>th</sup>, nine days after the full moon. The superficial or surface view is that these events signaled the unleashing of a level and kind of hate that we had not seen before.

The truth is that these events were the culmination of a very long period of gestation, one which has been noted and talked about for many, many years by people of good will. The events were the unavoidable results of a hate generated by the ages long denial of the fact of the unanimity of Life and humanity's essential divinity, to say nothing of the failure to practice even the most basic kinds of right human relations such as the sharing rather than hoarding of the Planet's resources.

Our lore, even our pop psychology, is full of pithy sayings regarding these kinds of appearances—"We reap what we sew." "What goes around comes around.", and so on. Any competent healer will tell you that understanding and acknowledging one's level of responsibility for the causal links in these kinds of events is an essential in the healing process.

Any competent student of the Teachings will tell you that understanding and acknowledging a level of responsibility for the causal links in such events in no way justifies the events or excuses those who have allowed themselves to be used as tools in the precipitation of these events. It is a law of evolution that karmic responsibility for one's actions can not be avoided... on either side of the equation of life. This is true whether the "one" is an individual or, as in this case, The One Humanity. We abuse the planet and reap deserts. We abuse the balanced circulation of Life and reap death and destruction. These truths are as old and as obvious, *to those who can see*, as the mountains.

It is clear to many of us, that the obvious destruction and death of September 11<sup>th</sup> was not the whole story. Yes, most of humanity was caught by surprise. However, we can be certain that the Hierarchy was well aware of the unfolding forces that led to these sad occurrences, and it is becoming increasingly

clear that the events of September 11<sup>th</sup> also signaled a not so obvious expression of the energy of love by the Forces of Light.

As we know, the spiritual will is "...present as a quiet, deep pool of power behind every expression of the energy of love." (*Esoteric Healing*, P. 527) I think that every person who has the slightest sense of his or her own divinity was touched by the consciousness of love impelled by that quiet deep pool of power. We were touched the world over, and in that touch we were called.

True, the dark flower of fear and death bloomed that day. But, something else bloomed too. A new sense of responsibility, the first sign of Soul presence, was born that day. A dawning realization that essential divinity and unanimity

***We were touched the world over, and in that touch we were called.***

are not just empty abstractions but living realities was awakened in hundreds of millions, perhaps billions of souls that day. A

new bloom, an as yet tender bloom that needs the nurturing strength of courageous disciples was born on that day. The events and the psychic power of that day seemed to me very much like an initiation. I want to focus this evening on that aspect of the Virgo births.

The Ray that governs our planet as well as humanity is the 4<sup>th</sup> Ray of Harmony through Conflict. The evolution of Humanity has, therefore, been an evolution achieved through conflict. This means we are and have eternally been involved in a struggle with forces that would hinder us and hold us back. These forces would direct our evolution into the backwaters of materialism, of illusion and stagnation and the byways of darkness. Although many faint hearts do not like the word, I call our struggle against these forces a condition of war. And it is in this light alone that the true role of the disciple on

this planet can be seen. The essence of the disciple as the arrow has always been embedded within the symbolism of the ancient centaurs and knights on horseback. Disciples have always been the warriors, the arrows who have been will directed into the heart of the battle.

And friends, the warrior, if he or she is to be useful and survive, must be an arrow with eyes and a mind. We must see things as they are, not as they *wishfully* could be. So, as we look out over the planet this evening, we see on the horizon of consciousness a rising cloud of darkness. The times are not yet getting better. Despite the positive messages of the defeat of the Taliban, the destruction being wrought on the resources of the terrorists, the death of Osama's lieutenants even the possible capture of Osama, the enemy is no where near defeated. In fact, to many of us it is clear that we have as yet not even publicly recognized the true face of the enemy.

The Taliban, the terrorists and the personalities who lead them, including Osama bin Laden, *are not the enemy*, they are but facades behind which the enemy lurks, stalking horses used to further cloud the light of reason and love, to deepen the veils behind which the true enemy, The Great Lie, moves and out of which it strikes through any channel open to its delusive force. The target of the Lie is not the United States or any country or group. The target of the Lie is, as it was in the last world war, and always has been, *basic human freedom*, the basic essential of every divine person to be able to choose his or her own path.

No, we are not yet out of danger. We are not yet even in the deepest part of the danger, and I am here this evening not with words of comfort and

ease, or words of peace. However, I am here with words of hope and encouragement, for, also rising on the horizon of consciousness, visible to those who have the eyes to see is a great pillar of light. *It is the light of fiery hearts who at last know who they are and what they are about*. So, we come this evening and every evening from now on with a call to service which is just another word for battle.

The message, friends, as I am registering it, anyway, is very simple. It is time for all disciples, for the disciple Humanity as one being, to respond to what the Light released with the events of September 11<sup>th</sup>. Around the world, we have heard the clarion call of the Soul of humanity. The sounding of this horn was and is apparent in the numerous calls for reason and prudence, and the calls for building, for liberating and bringing dignity and freedom into peoples lives that have started to emerge from the fear generated din and thirst for blood of the first reactions to the bombings. It is time for us to accept our role to don the mantle of the warrior and to once again face the darkness that looms before us. *This time, we must be totally conscious of what it is we face and why we are facing it.*

In this effort, thankfully, we have a secret weapon. Secrets, of course, are nothing new to Humanity. The literature of the ages is stuffed with secrets: maps, rings, formulas, sayings, hiding places, potions, and, of course, spies and police: the CIA, KGB, FBI, MI-7. What do you think Microsoft's XBOX really is?

Anyway, it is a given that we would have a secret weapon. Usually, when we hear about a "secret weapon" it is something like The Death Star which is a completely functioning light-speed,

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space station which carries a Death Ray, capable of melting an entire planet in 30 seconds. Our secret weapon is of a different sort. It creates. It brings Spirit into form.

The disciple, as I have said is the arrow, but the arrow is not the secret weapon. The secret weapon is what propels the arrow, for in essence, absolute bottom line, ***the disciple is nothing more or less than the sum total of his or her will directed meditation.*** Our secret weapon, our only weapon is the linked power of our hearts and minds. This is the power that gives us the ability to penetrate the veils of illusion and glamour which surround the planet and cut us off from the Light both on our way to the truth and on the way back as messengers of the Light. Our secret weapon is our daily meditation.

Now, the only reason this weapon is secret is because of lack of use. Meditation is the mantel, the source of power of the warrior.

There is a danger here. Because the call is to meditation, we must not think that it is not a call to battle. We must not make the mistake of thinking that the meditation work we are called to is devoid of struggle and danger. It is true that our most significant struggles will be with the forces in our own shadows. Only naive people think that these struggles are without grave danger. Also, we must absolutely realize that in true meditation work there is no separation between the disciple's inner life and outer environment. The world situation with which we are now faced is the battle in which we must fully connect. We have been told over and over, that the more powerful, the more effective our meditation, the greater will be the danger to us and those around us. And I am not talking about the abstract psychic dangers only, but real time dense physical plane danger as well.

If our meditation is connecting with the sources of Light, we will carry this light into our environments. Whatever we do in our daily life will be impacted by the light we contact and channel. Simply by *living*, wherever we are, *doing*, whatever we do, trained, skilled meditators reveal the truth which the Big Lie denies. The Big Lie does not like to be exposed.

It seems clear that Humanity has been called to finally free itself from the great illusion of separation. It is our time to tread the lighted way and to throw off the shackles of the Big Lie. It is our time to proclaim the fact of Spirit through the way we live. It is time at long last, friends, for Humanity to be free. Here and Now, not somewhere else later. Not on some other planet in some other time, but tonight and every day from now forward.

Freeing humanity from its cage will not be achieved by killing or destroying some form that the Big Lie is occupying. We have been killing these forms for centuries. We can kill ten Osama bin Ladens a week for the next 20 years and we will not have moved one inch closer to the free spirit of life.

Freedom of the spirit is achieved through a letting in. The cage, the bars, the chains, the prison, holds us in by holding Spirit out. The Big Lie or the Great illusion is, after all, only a lie, only an illusion. Trying to break out of an illusion only gives the illusion strength, the strength of reality. If we did not think the illusion was real, we would not be trying to break out of it.

***We are free, we just need to realize that.*** We need to reveal the fact of our freedom, by living the principles we know to be the basis for universe. For example we do not need to create a unity. Unity is a fact of cosmos. There is only

One Life. In our livingness, the way we live, we can reveal the unity that is.

On the other hand, the illusion of separation, The Big Lie, keeps Humanity in a perpetual state of want. We are terrified that there is not enough, that we must save or hoard resources because the Big Lie has us convinced that there is not enough to go around and we must continually fight one another for what there is. Buried in this mind-set, in this state of illusory separation, abundance is simply not possible.

Sharing is a natural aspect of unanimity and it alone leads to abundance or Life More Abundantly. Saving, hoarding is actually unnatural. It indicates a lack of faith. It operates on the non-principle of doubt and, because it blocks the flow of energy through the system, it will lead, as we have seen over and over again, to various forms of disease like fascism, dictatorships and fanaticisms that will allow intelligent human beings to become so deluded that they will willingly kill themselves and thousands of others in what they consider to be acts of holiness, as well as other more recognizable forms of sickness like the plagues and diseases associated with hunger and malnutrition.

Abuse the planet, reap a desert.

What is called for and what will lead Humanity to a state of material abundance beyond its current imagination is the wise and sustainable use of what is. This is true husbanding. This kind of husbanding will liberate humanity from physical want. Once liberated from this material prison, our focus of attention will rapidly shift from the dense physical plane into the etheric planes thus revealing to us the realm we call solar fire.

What did we think Life More Abundantly was all about? Surely not the Lincoln Navigator.

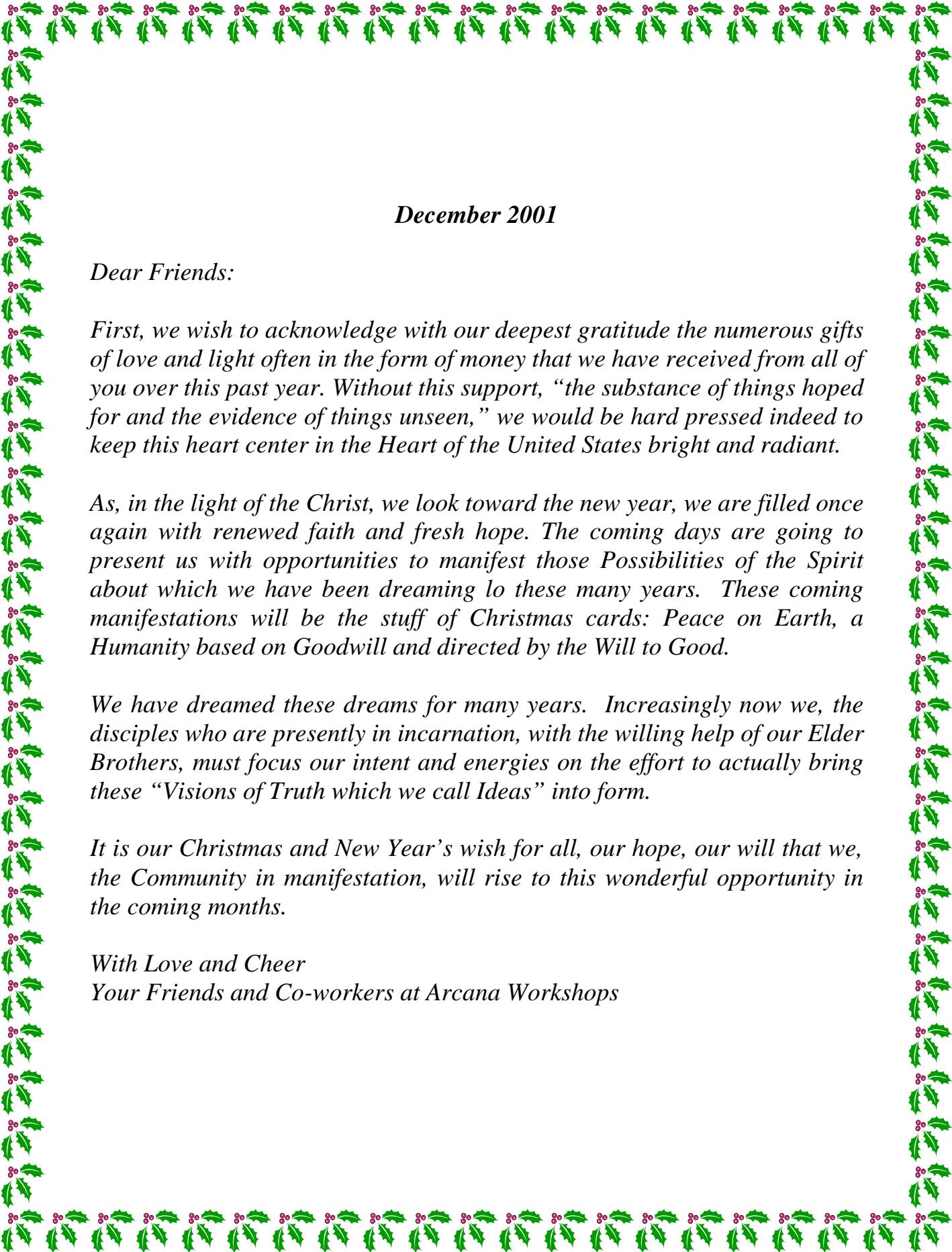
I know that this kind of message sounds bleak. This sort of truth facing is always hard, hard for the individual disciple when confronting his or her own shadow and hard for us as a group of disciples who are committed to the salvage business. Well, all is not bleak. It is the opinion of many disciples, friends, that we are accompanied in this battle by the forces of Light. Literally

Many of us sense the exceeding importance of these days and we know that the way ahead is not a picnic. However, we have been assured over and over in the Teaching and in our meditations that as we walk through the valley of the Shadow of Death we need fear no evil, for they really are with us, and they really will sustain us and provide the power and the love we need to do this job. They will, they are providing the power and the love, but it is our job. So friends, let us be mindful that, although it may seem like a play or a movie, the situation facing humanity today is for real. The time has come for Humanity to be free, and we can do this, friends. We can do this.

Tom Carney  
Sagittarius, 2001

*Let us shift the consciousness to the betterment of all life and the struggle for existence will be replaced by the conquest of possibilities.*

New Area Community #200



*December 2001*

*Dear Friends:*

*First, we wish to acknowledge with our deepest gratitude the numerous gifts of love and light often in the form of money that we have received from all of you over this past year. Without this support, “the substance of things hoped for and the evidence of things unseen,” we would be hard pressed indeed to keep this heart center in the Heart of the United States bright and radiant.*

*As, in the light of the Christ, we look toward the new year, we are filled once again with renewed faith and fresh hope. The coming days are going to present us with opportunities to manifest those Possibilities of the Spirit about which we have been dreaming lo these many years. These coming manifestations will be the stuff of Christmas cards: Peace on Earth, a Humanity based on Goodwill and directed by the Will to Good.*

*We have dreamed these dreams for many years. Increasingly now we, the disciples who are presently in incarnation, with the willing help of our Elder Brothers, must focus our intent and energies on the effort to actually bring these “Visions of Truth which we call Ideas” into form.*

*It is our Christmas and New Year’s wish for all, our hope, our will that we, the Community in manifestation, will rise to this wonderful opportunity in the coming months.*

*With Love and Cheer  
Your Friends and Co-workers at Arcana Workshops*

## Meditation Form

The following form is used by Arcana's core groups at their regular weekly workshop meetings and as members choose during the week. It is designed for group meditation, yet, as we know, all of our meditation work is group meditation. So, please feel free to adapt this form to fit your specific situation.

Loving you, Arcana Workshops

### BUILDING THE CHALICE

At this point, we prepare the group instrument for an act of group service upon the plane of mind. *Pause.* We gather and blend our forces into a sincere desire and determined will to be a ready instrument for the Forces of Light and Love. With the physical eyes closed, see with the **mind's eye** two persons in this group with whom you already feel a sense of fellowship in service—whether they are present here or at a distance ... **See them and yourself as three points of a triangle** ... Turn toward them with your heart ... Visualize a stream of loving regard, of heart energy, flowing *around* the triangle from you ... to first one ... on to the other ... and return ... Again, send a stream of loving regard from you ... to one, on to the other, and return ... Once more, send love from you ... to one, on to the other, and return—thus circulating heart energy around the triangle three times.

Now, let individual persons fade out of your field of visualization. See each triangle simply as a three-pointed field of heart energy ... the triangles interlacing with one another ... weaving the group chalice. Thus is created the light body of this group. It is a chalice built of relationships, bright and shining with service. *Pause.* Now, as one group self, see our group connecting through loving recognition with two other groups on the planet. Thus is created the planetary network of light and love through which the Christ may reappear.

### LIFTING THE CHALICE

Let us raise the chalice, now, into the Light of Hierarchy. *Pause.* As one group self we recognize and take our place within the Ashram. *Pause.* We project a line of light and love through the Ashram to the Christ who stands at the heart of the Ashram of Sanat Kumara, the Lord of the World. The Christ stands at the center of a great triangle made up of the Buddha, The Avatar of Synthesis and the Spirit of Peace. *Pause.* See the energy of the Christ carrying the energy of these three great lords radiating throughout the Hierarchy. Standing within the field of this radiance, let us affirm together: "We assert the fact of our identification with Hierarchy." *Pause.* Extend the antahkarana towards Shamballa, the Center where the Will of God is known ... the Bright Center lying far in the distance. *Pause.*

*Holding this alignment, let us open to impression.*

[Insert Seed Thought (silence 10-20 minutes).]

### CREATIVE INTERLUDE:

Very gently allow the abstract mind to impress the cleared and waiting lower mental substance with the insights gained in the silence. Allow 3 to 5 minutes for this activity.

### FILLING THE CHALICE (Anchoring and distributing the energy)

See the energies of *Shamballa* and the *Christ*, transmitting the energies of the *Buddha*, the *Avatar of Synthesis* and the *Spirit of Peace* flowing to all life on Earth. *Pause.* Together sound the affirmation:

At the center of all love we stand; from that center, we, the soul, will outward move; from that center, we, the one who serves, will work. May the love of the divine Self be shed abroad, in our heart, through our group and throughout the world. *Pause.*

[Adapted from *The Externalization of the Hierarchy*, p 315.]

See these energies flowing through the five planetary inlets—New York, London, Geneva, Darjeeling and Tokyo—and through our group, blending with the energies of the New Group of World Servers and with those of people of goodwill everywhere, creating a pathway of Light for the descent of the Christ to Earth. Then see the energy flowing into the divine, lighted center of Earth itself, radiating and uplifting the substance of the Earth.

Sound the Great Invocation, seeing the invoked energies distributed through the 5 planetary inlets and throughout the consciousness of humanity.

Om      Om      Om

Modified September 2001.

## 2002 Meditation Cycle Seed Thoughts

New Moon	Seed Thought	Full Moon
<b>Inbreathing Cycle</b>		
12/14 @ 12:48 PM	<b>Essential Divinity</b> "That which will provide the needed incentive towards the re-building of the new world will be the belief in the essential divinity of humanity." Reappearance, P. 165	☽ 12/30 @ 2:42 AM
1/13 @ 5:30 AM	<b>Goodwill</b> "The will-to-good sub-stands all true goodwill." DINA 2, P. 595	☽ 1/28 @ 2:52 PM
2/11 @ 11:42 PM	<b>Unanimity</b> "Immutable is the law of the Oneness in infinite diversity" Infinity # 48	☿ 2/27 @ 1:18 AM
3/13 @ 6:04 PM	<b>Essential Divinity</b> The Fact of our Essential Divinity	♀ 3/28 @ 10:26 AM
4/12 11:22 AM	<b>Goodwill</b> The Power of Goodwill	☽ 4/26 @ 7:01 PM
5/12 @ 2:46 AM	<b>Unanimity</b> Realizing Unanimity: One in All—All in One	☿ 5/26 @ 3:52 AM
<b>Out-breathing/Embodiment Cycle</b>		
6/10 @ 3:48 PM	<b>Right Human Relations</b> "The white magic of right human relations cannot be stopped; it must inevitably demonstrate effectively, because the energy of the seventh ray is present, and the Lord of the Ray is cooperating with the Lord of the World to bring about the needed 'reforming.'" Rays and Initiations, P. 573	☽ 6/24 @ 1:43 PM
7/10 @ 2:27 AM	<b>Group Endeavor</b> "The first objective is, therefore, to weld and unify the group so that each person in it can work in close mental rapport and spiritual cooperation with the others." DINA I, P. 8	☿ 7/24 @ 1:08 AM
8/8 @ 11:16 AM	<b>Spiritual Approach</b> Stand in spiritual Being	♂ 8/22 @ 2:30 PM
9/6 @ 7:11 PM	<b>Right Human Relations</b> "...for right human relations are an expression of the love of God; they will constitute man's major and next demonstration of divinity." Reappearance of the Christ P 211	☿ 9/21 @ 6:00 AM
10/6 @ 3:19 AM	<b>Group Endeavor</b> "Here is the clue to the significance of group work. One of its major functions, esoterically speaking, is to absorb, share, circulate, and then distribute energy." Rays and Initiations P 68	♀ 10/20 @ 11:21 PM
11/4 @ 12:36 PM	<b>Spiritual Approach</b> "Draw near to Him and He will draw near to you" Problems of Humanity, P. 158	☿ 11/19 @ 5:35 PM
12/3 @ 11:35 PM	Realize the presence of New World Culture under the jurisdiction of the Spiritual Hierarchy and its leaders.	☽ 12/19 @ 11:11 AM